

## ROVA ACADEMY PARENTS INFORMATION: 2020-2021

### 1. FEES

| FEES (USD) - ANNUAL                                   | BOARDING  | DAY      |
|---|-----------|----------|
| <b>ATHLETICS/SWIMMING/TENNIS</b>                      |           |          |
| 9 <sup>TH</sup> -12 <sup>TH</sup> GRADE (14-18 YEARS) | \$24, 525 | \$15,300 |
| 5 <sup>TH</sup> -8 <sup>TH</sup> GRADE (10-13 YEARS)  | \$22, 625 | \$13,400 |
| <b>RUGBY/SOCCER</b>                                   |           |          |
| 9 <sup>TH</sup> -12 <sup>TH</sup> GRADE (14-18 YEARS) | \$22,725  | \$13,500 |
| 5 <sup>TH</sup> -8 <sup>TH</sup> GRADE (10-13 YEARS)  | \$20,825  | \$11,600 |
| <b>CAUTION DEPOSIT</b>                                |           |          |
|   | \$1,250   | \$750    |

#### Covered within the fees:

- Tuition Fees
- Balls and training equipment
- Accommodation(boarders), meals
- Transport to local tournaments
- Local tournament fees – Maximum of \$200 per year
- Physiotherapy session
- Sports Psychologist and Counselling
- Mentorship
- Doctor on call

#### Not Covered:

- Personal effects and training equipment e.g. rackets (List below)
- Sports shoes, soccer boots
- Transport to/from home
- Personal spending deposit - \$500 per year
- International trips

#### Payment Options:

- **Full Payment** – Due by the **1<sup>st</sup> day of school.**
- **Instalments** – 30% upfront and balance in 8 equal instalments payable by the 1<sup>st</sup> of each month. New parents **MUST pay 50% upfront.**

### 2. ACADEMICS

Our academic program is managed fully by STEM International School. STEM International uses an American Curriculum, with a strong emphasis on STEM (Science Technology Engineering and Mathematics) Education from Preschool - 12th grade. Students at STEM International School enjoy the benefit of being in a small class setting. Students are introduced to new levels of learning in Math, Science, English, Social Studies, STEM Connections, Creative Arts, Engineering, Technology, Physical Education and Community Service all in a Christian environment. Parents enjoy parenting because their children are happy and empowered. The vision and physical realization of the STEM international home school is a result of understanding that STEM education is an economic imperative and that if **students cannot learn the way we teach, then we must teach the way they learn.** Students enjoy a four day formal learning week and every Friday is an informal learning day in a Christian environment.

**Our Philosophy:**...Train a child the way that they should go and when they are older they will never depart from it... (Proverbs 22:6)

**Our Mission:** Train Global STEM Professionals and Leaders for the 21st Century in a spirit of excellence.

### 3. SPORTS

Our sports programme is designed to promote, enhance and nurture sporting excellence while producing well-rounded student athletes. We strongly believe that the difference in sports performance is determined by what you do and how many hours you spent in training and this is where hard work beats talent. We offer athletics (track and field), football (soccer), rugby, swimming and tennis in a an environment that caters for both fun and high performance. The training schedules are customized for different ages (3 years to 18 years) for beginner to advanced level.

#### Our Mission:

To provide a coaching, conditioning and education programme to improve performance of elite student athletes to their optimum

#### Our Vision

To bring out the full potential of our student athletes.

#### OUR CORE VALUES:

- Professionalism – We are qualified, skilled and committed.
- Respect – We treat others the way we wish to be treated.
- Integrity – We act in fair, consistent and transparent manner.
- Dedication – We are driven by commitment.
- Excellence – We set, work towards and achieve the highest standards.

#### PLAYER:COACH RATIO – SAME ABILITY AND LEVEL

|             | Advanced | Recommended |
|-------------|----------|-------------|
| Athletics : | 6:1      | 20:1        |
| Rugby:      | 15:1     | 30:1        |
| Soccer:     | 15:1     | 25:1        |
| Swimming:   | 12:1     | 20:1        |
| Tennis:     | 4:1      | 8:1         |

#### ATHLETICS

Upon joining the academy, the student-athlete is introduced to the full spectrum of athletic disciplines where he/she is expected to develop and begin to specialize in the event group for which they show the greatest potential.

#### FOOTBALL

Our soccer program addresses tactical and technical aspects of the game and develops student-athletes who are fit, quick, strong, skilled and confident. The teams participate in local leagues sanctioned by the football federation.

#### RUGBY

We offer high performance pathway to players and teams to become top rugby achievers with access to the highest level of international rugby coaching and specialised rugby mentors in a one-to-one environment.

#### SWIMMING

Our one-one results focused and group lessons for beginners to advanced swimmers ensures that we teach water skills for life usable in any competitive environment.

#### TENNIS

Our training is dedicated to meeting the individual needs of each student targeting key aspects of player development, addressing not only the physical elements of training but delving deeper to facilitate growth of the student-athlete on all levels.

## 4. BOARDING

Our apartment- style boarding facility caters for student athletes from 10 to 18 years of age. Boarding can be undertaken on a weekly or full time basis, and we also can provide special time period opportunities that may tie in with parents having to travel overseas on business. The apartment style is a unique offering that ensures that the students continue with the home feeling.

We currently have capacity for nearly 60 boarders. The bed-rooms accommodate four to six students. Our resident matron is a fully qualified nurse with extensive history of living and working with children.

During the week a suitable schedule is organized to ensure students manage their time properly, giving priority to both training and school work. A variety of activities are available at weekends which include; sports tournaments, cinema, talent evenings or excursion trips.

Students are forbidden to leave the school premises without written permission from the teacher/s on duty. Day and night guards and security alarms ensure tight security is observed in the school.

### BOARDING DAILY SCHEDULE:

#### Weekdays

|                     |                        |
|---------------------|------------------------|
| 5.30 AM             | Wake Up                |
| 6.00 AM – 7.30 am   | Training*              |
| 7.30 am - 8.30 am   | Shower, Breakfast*     |
| 8.30 am-12.30 pm    | Class*                 |
| 12.30 – 1.30 pm     | Lunch*                 |
| 1.30 - 2.45 pm      | Class*                 |
| 3.30 pm – 5.00 pm   | Training*              |
| 5.00 pm – 6.00 pm   | Shower/ Personal time  |
| 6.00 pm – 7.00 pm   | Dinner                 |
| 7.00 pm – 8.30 p.m. | Study                  |
| 8.30 p.m. – 9.30 pm | Free time/ Preparation |
| 9.30 pm             | Lights Out - Sleeping  |

\*Applicable to day scholars too.

#### Weekends

| Saturday (Some activities optional)   | Sunday (All activities Optional)  |
|---|---|
| <ul style="list-style-type: none"> <li>• Laundry and ironing</li> <li>• Upcoming week goal setting</li> <li>• Shopping</li> <li>• Watching tournaments</li> </ul> | <ul style="list-style-type: none"> <li>• Motivation Session/Service</li> <li>• Special lunch outing</li> <li>• Excursion</li> </ul> |

## List of items

| <b>Boarders</b>  |   |   |
|--|---|---|
| <ul style="list-style-type: none"> <li>• 2 sets extended twin size (84" mattress) sheets (2 fitted, 2 flat)</li> <li>• 2 pillow cases</li> <li>• 2 Bath towels</li> <li>• 2 Hand towels</li> <li>• 1 Blanket</li> <li>• 2 laundry bags</li> <li>• Casual dress for extracurricular activities</li> <li>• Toiletry bag and toiletries</li> <li>• Sunscreen</li> <li>• Hats/visors</li> <li>• Padlock</li> <li>• 1 pair of sneakers</li> <li>• Sweat suits[]</li> <li>• Sun glasses</li> <li>• Swimming suit/beach towel</li> <li>• Light, medium and heavy jacket</li> <li>• One set dress clothes/shoes</li> <li>• 5 Pairs of socks</li> <li>• Personal stop watch</li> <li>• Laptop</li> <li>• Laptop cable lock</li> </ul> |   |   |
| <b>School Supply List</b>  | <b>Athletics)</b>   | <b>Football (Soccer)</b>  |
| <ul style="list-style-type: none"> <li>• Two-pocket folder</li> <li>• Three-ring binder</li> <li>• Highlighter</li> <li>• Index cards 3x5</li> <li>• Index cards 4x6</li> <li>• 5 Black and 5 blue pens</li> <li>• 12 Pencils</li> <li>• 30cm Ruler</li> <li>• Laptop</li> </ul>   | <ul style="list-style-type: none"> <li>• 1-2 towels</li> <li>• 2 pairs of training shoes</li> <li>• 10-12 pairs of shorts</li> <li>• 10-12 t-shirts</li> <li>• 10-12 pairs of socks</li> <li>• Track spikes</li> <li>• Throwing implements (shot Put, Javelin if applicable)</li> <li>• Notebook and pen</li> </ul>   | <ul style="list-style-type: none"> <li>• Running shoes</li> <li>• 2 pairs soccer boots</li> <li>• Sandals</li> <li>• 4 pairs of training shorts</li> <li>• 4 pairs of training T-shirts</li> <li>• 4 pairs of training socks</li> <li>• 2 pairs of shin guards</li> <li>• Dress shorts/pants</li> <li>• Dress shoes</li> <li>• Notebook and pen</li> </ul>  |
| <b>Rugby</b>   | <b>Swimming</b>   | <b>Tennis</b>   |
| <ul style="list-style-type: none"> <li>• Running shoes</li> <li>• 2 pairs soccer boots</li> <li>• Sandals</li> <li>• 4 pairs of training shorts</li> <li>• 4 pairs of training T-shirts</li> <li>• 4 pairs of training socks</li> <li>• 2 molded mouth guards (to be sourced from our dentist)</li> <li>• Head gear</li> <li>• Dress shorts/pants</li> <li>• Dress shoes</li> <li>• Notebook and pen</li> </ul>  | <ul style="list-style-type: none"> <li>• Sunscreen</li> <li>• 4 pairs of swimming costume</li> <li>• Swimming goggles</li> <li>• 1 pair swimming feet</li> <li>• Swimming cap</li> <li>• Sandals</li> <li>• 2 Swimming towels</li> <li>• Mat</li> <li>• Pool paddles</li> <li>• Pool buoy</li> <li>• Mask and Snorkels</li> <li>• Notebook and pen</li> </ul> | <ul style="list-style-type: none"> <li>• 10-12 pairs of socks</li> <li>• 10-12 pairs of shorts/ skorts</li> <li>• 10-12 T-shirts</li> <li>• At least 2 pairs of Tennis Shoes</li> <li>• 1 pair running shoes</li> <li>• Minimum of 2 racquets</li> <li>• Racquet/tournament bag</li> <li>• Wrist bands</li> <li>• Mat</li> <li>• Hats</li> <li>• Court towels</li> <li>• Jump rope</li> <li>• Notebook and pen</li> </ul> |

**\*\*ALL ITEMS MUST BE LABELLED.**

3 Track suits and 3 T-shirts shall be provided to each student athlete.